

# WMUK Regional Patient Summit



## Birmingham, England

Saturday 8 November 2025

IET Austin Court, 80 Cambridge St, Birmingham B1 2NP

| TIME    | SESSION                                   |                                                                                   | SPEAKER                                                                                                                         |
|---------|-------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| 9.30am  | Coffee and Registration                   |                                                                                   | All                                                                                                                             |
| 10.00am | Welcome and Introductions                 |                                                                                   | WMUK Team                                                                                                                       |
| 10.10am | How To Live Well With Cancer              | Upbeat session to help you assess your priorities and make the most of life.      | Jo Robinson-Howarth<br>The Happiness Club                                                                                       |
| 10.30am | Overview of WM and Treatment              | Get clarity on your WM diagnosis and learn about the latest treatments.           | Dr Neil Phillips, Consultant Haematologist, at UHNM                                                                             |
| 11.15am | Coffee Break                              |                                                                                   |                                                                                                                                 |
| 11.35am | Living Well With WM                       | Feel confident about managing your health and advocating for your care            | Charlotte Bloodworth, Lead Haematology CNS, and Christina Kirby, Haematology CNS.                                               |
| 12.30pm | Lunch                                     | Meet fantastic organisations who can help you live well with WM and LPL           | WMUK, Citizen's Advice Bureau, Mind, Penny Brohn, MOVE Charity, The Happiness Club, Prostate Cancer UK                          |
| 1.30pm  | Clinical Trials                           | Get a transparent view of clinical trials from a patient and clinical perspective | Simon Byerly – WM Patient on Clinical Trials, and Dr Roger Owen, Consultant in Clinical Haematology at Leeds Teaching Hospitals |
| 2.10pm  | Ask the CEO                               | WMUK will sharing the plans for the future and answering all your questions       | Jane Nicholson CEO WMUK and Harriet Scorer, Acting Chair of Trustees at WMUK                                                    |
| 2.45pm  | Closing Remarks                           |                                                                                   | WMUK                                                                                                                            |
| 3.00pm  | Meet Your Community / Charity Marketplace |                                                                                   | WMUK, Citizen's Advice Bureau, Mind, Penny Brohn, MOVE Charity, The Happiness Club, Prostate Cancer UK                          |

# Meet our Charity Marketplace



## Mind

Mind provides a variety of services, including counselling, therapy and a helpline to help improve mental health. Alongside their network of local Mind groups, they also have a wealth of online resources.

The logo for Citizens Advice, consisting of a dark blue circle with the words "citizens advice" in white, lowercase, sans-serif font.

**citizens  
advice**

## Citizen's Advice Bureau

When life feels complicated, Citizen's Advice can help with the practical things — from understanding the benefits you're entitled to, to your rights at work, and any housing or financial worries.



## Move Against Cancer

Staying active can make a real difference, even when things are tough. MOVE Against Cancer runs programmes designed for people living with cancer, in remission, or going through treatment.



## Penny Brohn UK

Penny Brohn focuses on the whole person — offering advice on nutrition, exercise, mindfulness, and relaxation. They also run both in-person and online events and retreats to support your wellbeing.



## The Happiness Club

A WM diagnosis brings a range of emotions that change over time. The Happiness Club offers practical tools and support to help you take care of your mental and emotional wellbeing.



## Prostate Cancer UK

Prostate cancer is the most common cancer in men, and we also know that WM disproportionately impacts men. So, we want to connect you with a team that can help you manage both.